

We have recently been on holiday in Northern Europe it has become more and more apparent that everyone needs to take 'posed' photos to post of their perfect lives for their social media accounts. I enjoy people watching and seeing their reactions to the architecture, landscapes, paintings or the environment of wherever I am, but it seems that we need to ensure we get the picture perfect so everyone can know where we are and how well we are doing, as life seems to be lived over Instagram, Facebook, Tik Tok and other social media platforms.

Much laughter between myself and Chris, and a little bit of frustration (mainly me), occurred whilst watching people attempting to get the perfect shot of their husband/wife/son/daughter or family in front of the beautiful Van Gogh masterpieces in Amsterdam, some pretending they were trying to hold the picture or even adopting the perfect pout or pose – and whilst doing this totally unaware of those wating to look at the masterpiece just because they wanted to see the beauty in it.

It is becoming increasingly obvious that everyone is trying to portray that the life they lead is picture perfect, but this is not reality and we need to understand that life is not a perfect photoshopped picture. If you saw the pictures that we take you will know that we are not the only ones there, as you can see the crowds, joys, arguments and frustrations of those in the background.

Others will look at these images on social media and feel that they are failing because they can't post pictures of supposed perfection. We all need to remember that we don't all lead the same lives, have the same lifestyles and that we are all different and individual – the World would be very boring if we were all the same anyway! We have a God who doesn't ask us to be perfect, and in His word, it demonstrates that He loves us unconditionally even though we are sinners.

demonstrates his own love for us in this: While we were still sinners, Christ died for us'
This verse shows that God does not need us to be perfect to have his love – it is a free gift offered to all. So next time you stop to take a picture – remember that is does not need to show perfection just the reality of where you are and who you are with, as it is a reminder of the things that you have done.

Romans 5 verse 8 says 'But God

Heidi Trew—Leader MBC

# What's On—August 2025

#### Friday 1st

MBC Café—open to all 10am—12pm

#### Sunday 3rd

10.30am Communion Service With Maureen Hider

# Monday 4th

MBC Café—open to all 10.30am—12pm

# Sunday 10th

10.30am Morning Service With Stephen Nixon

### Monday 11th

MBC Café—open to all 10.30am—12pm

# Friday 15th

MBC Café—open to all 10am—12pm

### Saturday 16th

In person Prayer meeting 09.30am—10.30am

# Sunday 17th

10.30am Morning Service With Rob Wills

# Monday 18th

MBC Café—open to all 10.30am—12pm

# Friday 22nd

Jack & Jill's Summer Stay & Play 10am—2pm

### Sunday 24th

10.30am Informal Service With Mary Moody

# Monday 25th

Bank Holiday-No MBC Café

### Saturday 30th

In person Prayer meeting 09.30am—10.30am

# Sunday 31st

10.30am Morning Service With Bob Little

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